



GoGrowWithLove C.I.C.

Company's Activities and Impact

Financial Year: 2021/2022

General Description of the Company's Activities and Impact

In its first year since **GoGrowWithLove C.I.C** was established, the organisation has been awarded Haringey Best Community Organisation Newcomer of the Year in the Haringey Community Impact Awards, with its ethos of "Sowing seeds and Cultivating futures".

GGWL shaped its work supporting the community by providing access to food growing skills development with children and families in primary schools, children's centres.

The new community green space the Love Garden Community and Moorland Allotment Plots. GGWL provides training in food growing skills to women of African Caribbean heritage as well as in the local multi-cultural community. GGWL provides development skills in nature and ecological related sustainable business enterprise. GGWL, design and facilitates workshops around food growing skills to encourage the community to have a closer relationship to where their food comes from and to have knowledge of the nutritional benefits of locally natural grown food. GGWL works in supporting the development of community gardens that ultimately contribute towards the local food economy, providing access to increased physical and mental health benefits. GGWL has been creative in providing wider community access to food growing training by delivering online training, using technology in an innovative manner to provide food and land skills training. GGWL has increased partnership with the local housing trust to improve places and spaces that matter to local communities. One of those spaces was an unused urban space which is now affectionately called "The Love Garden". The Community Garden was an under used green space which was blighted by anti-social behaviour, we mobilised resources working to transform it into a thriving community garden and food growing space. This newly developed community garden has become a social, teaching and volunteering green space that provides a platform for intergenerational, multicultural communities to practice food growing and plays a positive role in encouraging closer community cohesion and interaction between communities who for many years interacted minimally socially. This increase in social interaction in the Love Garden space supports in reducing social isolation, by giving opportunity to residents to engage in well being activities. The development of the Love Garden has made it a source of pride and a focal point in the local community. GGWL provides Nature related workshops, events and family fun days. The local residents regularly express delight seeing the vibrant growing vegetable beds and are very complimentary at the transformation of the space.

Consultation with stakeholders GGWL has engaged with its stakeholders first and foremost the local community, the children, women and families and partners such as Lordship Hub, Wolves Lane Horticultural centre, Tottenham Produce Show, Capital Growth, LandWorkers Alliance, Metropolitan Thames Valley Housing Trust, Schools, Allotments, to provide events/workshops and training to benefit the local community and give access to naturally fresh grown produce. growing, entrepreneurship/business enterprise, nature crafts, wellbeing/mindfulness, sustainability. A full list of stakeholders on gogrow.org.uk. GGWL has developed a successful and empowering project called Women Leading with The Land at SoilsStars Loveland in Moorland Allotments, North London to train African Caribbean heritage women in land cultivation and food growing. The project has supported in re-establishing and transforming depleted allotment plots into thriving edible holistic allotment farms gardens and growing to share food and herbs with the local community, in particular with families in schools and children centres, estate resident associations in Haringey and Enfield. The project continues to grow and train women to grow food to sustain the local food economy

www.go-grow.org.uk